

West Kent Volunteer Centre



There are lots of ways that you can volunteer. One way is to help to manage a charity by becoming a member of the trustee board. Have you considered becoming one of over 1 million trustees in the UK?

Trustees' Week is an annual event to showcase the great work that trustees do and highlight the opportunities for people from all walks of life to get involved and make a difference. It takes place this year from 4th—8th November 2019. The website trusteesweek.org has some interesting articles and first hand accounts of why people chose to become trustees.

If becoming a trustee is not for you, there are plenty of other ways to volunteer. Have a look inside for a variety of opportunities. To find out about other opportunities call our team on 01892 530330 or email volunteering@imago.community.



tree of HOPE

*The fundraising charity supporting
children's healthcare needs*

Registered Charity in England and Wales No: 1149254

Registered Charity in Scotland No: SCO42611

Could you be a Fundraising Volunteer?...

Tree of Hope is a children's charity that helps the families of children and young people with a disability or serious illness. We support them by helping them to raise the funds required, to access the specialist care for their child, which is not freely available through the UK healthcare system.

Although our team is small, the charity's impact is **huge** with
Tree of Hope supporting in excess of 600 families.

With the UK Health Service facing increasing financial pressures and greater demands, Tree of Hope is committed to increasing both its income and profile, so we can reach the ever-increasing number of children and young people who would benefit from our support.

We are looking for volunteers to support our fundraising – no experience necessary, just a big heart for the support that Tree of Hope provides to families in the area and lots of enthusiasm!

So, if you would like to run fundraising events, support our fundraising activities, distribute collection pots, or become an Ambassador volunteer our Fundraising Manager would love to hear from you!

For more information please contact Karen Warner (Fundraising Manager)

karen.warner@treeofhope.org.uk 01892 335311

Tree of Hope Patron | Ross Wilson, Paralympian

Tree of Hope is registered in England and Wales as a charitable company limited by guarantee
Company No 8184807 Charity No 1149254 & SCO42611

Registered Office is at Salford House, Salford Terrace, 19-21 Quarry Hill Road, Tonbridge, Kent, TN9
2RN

**REMEMBER A CHARITY
IN YOUR WILL**
Help the work live on...



Short Term Foster Carer

Would you like a pet but are not in a position to give long term commitment? Do you have a spare room you could offer a needy kittens and cats? Blue Cross is looking for committed people who can offer short term care to needy cats in their own homes.

What you will be doing:

- Caring for Blue Cross kittens and cats in your own home until they can be rehomed
- Kittens may be too young to rehome
- You may also offer to foster pregnant females or mums and litters
- You may offer care to cats who are struggling with life in a cattery.
- You will be providing all the care they need – feeding, exercising, cleaning, socialising, giving medication and grooming
- Keep accurate records

What we are looking for:

- Experience of handling and caring for cats
- Access to a computer and transport
- A spare room
- Preferably no other pets
- Willingness to learn and follow Blue Cross procedures
- Competent, flexible and self motivated

Benefits to you:

- You'll be helping pets to have happy, healthy lives
- Enjoy all the joys of pet ownership without long term commitment and cost
- Gain practical skills, experience and a training programme
- Develop skills and enhance your CV
- Join a great team of like-minded people
- Arrangements will be made for holidays
- All equipment provided and costs covered

Time commitment: flexible

We are ideally looking for applicants around Dartford, Tonbridge, Maidstone and Bromley, but all applicants will be considered based on experience.

For more information look [online](#) or contact Sakura Anderson, Rehoming Network Manager – London/South East Mobile: 07825 231830



We protect wildlife

Nature is in trouble and it needs our help. With our members, supporters, volunteers and partners, we work to protect wildlife across the county.

We look after wild spaces

Kent Wildlife Trust manages over 65 species-rich nature reserves around the county, as well as local wildlife sites and roadside nature reserves. We also work with communities.

A natural boost to your health and wellbeing

We want more people to live their lives closer to nature. We believe that everyone deserves to live in a healthy, wildlife-rich natural world and experience the joy of wildlife every day: for the wellbeing of people and wildlife.

Join our teams to help protect Kent's wildlife

From working on our nature reserves to greeting those who come to our Visitor Centres or helping young people to engage with wildlife, our **volunteers** are all making a huge contribution to the work of the organisation and a big, positive impact to their health and wellbeing.

We have many volunteering roles across the county please look at our website for a full list!

To Apply:

01622 662012 | volunteering@kentwildlife.org.uk |
www.kentwildlifetrust.org.uk/get-involved



Head Office: Kent Wildlife Trust, Tyland Barn, Sandling, Maidstone, Kent ME14 3BD
Tel: 01622 662012
info@kentwildlife.org.uk | kentwildlifetrust.org.uk



Registered Charity No. 239992. A company limited in England and Wales by guarantee 633098. Registered at the above address.

Protecting **Wildlife** for the Future



CURRENT VOLUNTEER VACANCIES

Meet and greet parents/carers bringing children to baby clinics

The sites that require volunteers are:

- Southborough Children's Centre, Broomhill Park Road, Tunbridge Wells, TN4 0JY
Clinic times: weekly on a Tuesday from 9.30 to 11.30am
- Little Forest Children's Centre, Friars Way, Tunbridge Wells, TN2 3UA
Clinic times: weekly on a Wednesday from 9 to 11am
- The Ark Children's Centre, Broadwater Lane, Tunbridge Wells, TN2 5RP
Clinic times: weekly on a Thursday from 9.30 to 11.15am
- Woodlands Health Centre, Allington Rd, Paddock Wood, Tonbridge, TN12 6AX
Clinic times: weekly on a Wednesday from 9.15 to 11.15am

Day Hospital, Edenbridge War Memorial Hospital, Mill Hill, Edenbridge, Kent TN8 5DA

The service is currently open between 10am and 3pm Monday to Wednesday. The role will involve interacting with those people (older adults) attending the day centre.

It will include encouraging attendees to take part in a variety of activities including arts and crafts, puzzles, discussing papers, listening to music and gardening. The role also involves helping attendees during lunchtime and engaging in conversation and group activities.

Dining Companion, Community Hospitals, Kent

Do you want to make a difference to our patients? Across our eight community hospitals in Deal, Edenbridge, Faversham, Hawkhurst, Herne Bay, Sevenoaks, Tonbridge and Whitstable & Tankerton we are asking volunteers to help our patients at mealtimes from 11.30am – 1.30pm.

Mealtime volunteers play an important role in encouraging patients to eat and drink, offering companionship to patients and spotting ways to make mealtimes easier and comfortable for patients, i.e. cutting up food, opening up packets.

The role will include assisting patients with menus and menu choices, giving out meals, assisting with refreshments, sitting with patients whilst eating and encouragement with food and drink.

Tonbridge & Malling Health Visiting Team, Larkfield Health Centre, First Floor, Martins Square, Larkfield, Aylesford ME20 6QJ

This role would require the volunteer to assist the team by ensuring all information leaflets at the Centre are regularly replaced, organised and updated on site. The volunteer will liaise with the team to ensure information stands never run out of stock.

The role will also include making up information packs and some general admin and filing for the team. Days required would be Wednesday, Thursday or Friday between 9am – 5pm, a few times per month with hours to suit.

For information about any of the roles, please contact Maria S Swaby, Voluntary Services Manager by email: kentchft.engagement@nhs.net or telephone: 01233 667810.



Practical Volunteers Needed at Scotney Castle

We are currently looking for practical people to lend a hand in our facilities team.

You will help to preserve, maintain and conserve Scotney by becoming involved in both exterior and interior renovations and maintenance. It's a great way to learn new skills whilst sharing existing knowledge within a friendly team. Tasks can include anything from painting and decorating or putting up shelves to fixing taps or keeping the fountain in working order. We are looking for extra help on Monday through to Thursday between 8 a.m. and 3 p.m.

If you'd like to know more, or fancy having a go, email tim.ingram@nationaltrust.org.uk or call 01892 893892.





Are you our next Volunteer Peer Advisor?

Are you:

- 18 years of age and older?
- Looking for work experience in health and social care?
- Willing to undertake a level 3 NVQ in Advice & Guidance?
- Looking for a supportive volunteering placement?
- Able to commit to a minimum of 1 day per week?
- Knowledgeable around drug and gang related activities?

If so:

- We can offer you a supportive work placement in a variety of settings.
- A nationally recognised qualification.
- Support to identify and achieve your future work/training goals.
- A chance to gain experience in a social care setting.
- Travel costs and lunch vouchers.

For further information contact:

Heather Town on: 07387411024 or email Heather.Town@stgilestrust.org.uk

Grace Hall on: 07778757164 or email Grace.Hall@stgilestrust.org.uk

Making road travel safer, greener and more sustainable for future generations



Volunteer to help keep communities safe

EASST is a UK charity that collects unwanted or excess high visibility clothing and other safety equipment and distributes it to communities across Eastern Europe and Central Asia. Our work reuses thousands of items, diverting them from landfill, and sends them to vital life saving road safety projects.

We are seeking volunteers to help sort, clean and pack items in our warehouse in Aylesford, Kent. We are a friendly team with flexible opportunities. We can help with travel and lunch expenses. If you have a few hours to spare and are looking for a worthwhile volunteering opportunity, please do get in touch.

Email info@easst.co.uk for more details.

easst
Eastern Alliance for Safe
and Sustainable Transport



The Edenbridge Bonfire Society Needs You

The Edenbridge Bonfire Society is holding its annual bonfire celebrations on Saturday 2nd November and are looking for volunteers to assist with the parade and road closure marshalling.

The marshalling activities typically start around 6.30pm until around 9pm, including the briefing. The role involves marshalling various road closures along the parade route to ensure the safety of the parade and general public. The location of most of the positions also means that volunteers get a great view of the parade as it passes by! As a thank you for their time, the volunteers are given a voucher for a drink in one of the local Edenbridge hostelries and, for some positions, they also get the opportunity to gain free access to the bonfire field to watch the guys and fireworks once marshalling duties are completed and roads opened again.

Due to the role involved we ask that volunteers are over the age of 18. Anyone interested can email volunteers@edenbridgebonfire.co.uk



Become a volunteer

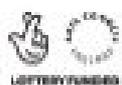
for Tunbridge Wells Borough
Council's Cultural Team!



- Meet new people
- Learn new skills
- Try something different



If you are interested in finding out more about
our range of exciting volunteer roles, please
email: Museum@Tunbridgewells.gov.uk



Supported using public funding by
**ARTS COUNCIL
ENGLAND**



TW040



**North &
West Kent**

Looking for a volunteering opportunity?

At **Citizens Advice in North & West Kent** our goal is to help everyone move forward whatever problem they face. If you would like to help make a difference in your community why not join our very welcoming team at **Tonbridge Castle**?



Advisers

Our Volunteer Advisers are at the heart of everything we do, giving people the knowledge and confidence they need to find their way forward in areas such as debt and money, welfare benefits, employment issues, relationship challenges and housing difficulties. No experience required as full training provided. We prefer advisers to offer a minimum of one day per week.

Fundraisers

Do you like getting out in the community meeting people? If so this could be the opportunity for you. We're looking for people to act as local ambassadors, manning stalls, placing collection boxes, doing collections and generally raising the profile of our charity locally. Flexible hours.

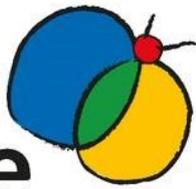
Digital Champions

Could you supervise small groups of people learning how to use computers and the internet using the Learn My Way online packages? Volunteers should be confident using IT and helping people if they have problems or questions. Currently seeking volunteers for Tonbridge, Sevenoaks, Swanley, Gravesham & Dartford area to cover sessions of two hours once or twice a week.

Research & Campaigns Assistant

Research and Campaigns Coordinator in our Tonbridge office for half or one day a week. Might this be you? The role is flexible and, depending on your area of interest, activities could for example include maintaining delivery documentation, producing quarterly newsletters and posters, carrying out surveys, researching information on our database, 'horizon scanning' for social policy issues in the north and west Kent region.

**To find out more about any of the above please email Carol at
carol.hunt@nwkent.cab.org.uk**



The Children's Trust

For children with brain injury

About the opportunity

Our volunteers support our Shop Managers in the smooth, day-to-day operations of all shop activities, to help raise vital funds. Some volunteers give us two hours a week, others give us 20. We welcome young people as volunteers too – you just need to be 13 or over. We have opportunities in our Sevenoaks, Tunbridge Wells, Maidstone and Canterbury shops.

About The Children's Trust

The Children's Trust is the UK's leading charity for children with brain injury. We work with children and young people from across the UK, both from our specialist centre in Tadworth, Surrey and in communities around the country. Our vision is for all children with brain injury to have the opportunity to live the best life possible.

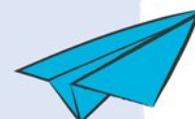
What are we looking for?

We're looking for someone who is happy to work as part of a team of volunteers providing excellent customer service. You'll be reliable, trustworthy and committed with a 'can do' friendly attitude.

Contact: Kyra Bagley, Retail Volunteer Development Officer, The Children's Trust, Tadworth Court, Tadworth, Surrey, KT20 5RU kbagley@thechildrenstrust.org.uk 01737 36 5000



Giving children with brain injury and neurodisability the opportunity to live the best life possible



COULD IT BE YOU WHO CHANGES THEIR FUTURE?



The Young Lives Foundation need volunteers to inspire, support and encourage young people to achieve their potential

You can gain new experiences, develop a career path, make friends, and change the lives of young people!

VOLUNTEER MAKE A DIFFERENCE



WE ARE LOOKING FOR POSITIVE ROLE MODELS TO HELP US WITH

Mentoring * Befriending * Youth Groups
Support in Custody * Events * and more!



CONTACT US OR APPLY ONLINE



01622 693459

text: 07936349129



volunteering@ylf.org.uk

www.ylf.org.uk



@ylf.org.uk



@ylfcharity



@ylfcharity



Charity no: 1119628



Can you help us Beat Heartbreak Forever in Sevenoaks?

Can you spare 1 - 2 hours each week to collect and bank donations from funeral directors in/ around Sevenoaks and write to thank families who have donated to the BHF?

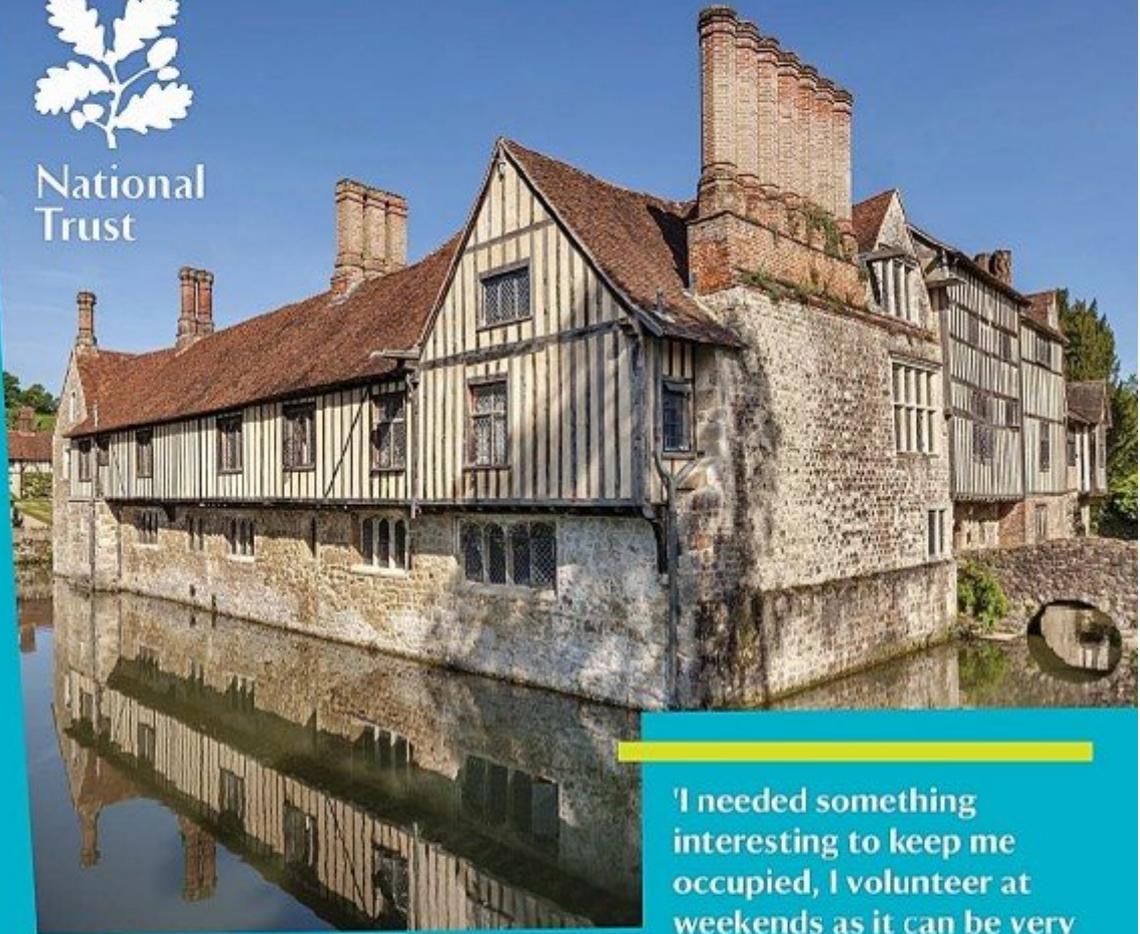
For more information contact Kim, Fundraising Manager for Kent on brophyk@bhf.org.uk or 07860 954235

bhf.org.uk





National
Trust



Volunteering opportunities at Ightham Mote

Do you enjoy meeting new people and have some time to spare? Ightham Mote is looking for volunteer Room Guides and Premises Assistants.

- As a Room Guide, you will engage with our Visitors and share the stories of Ightham Mote.
- As a Premises volunteer, you will help keep Ightham Mote tidy as well as helping to carry out minor maintenance tasks.

We will provide you with induction and training to help you get the best out of your volunteering.

'I needed something interesting to keep me occupied, I volunteer at weekends as it can be very busy and the more visitors I speak to the better.'

*Teresa Taylor—Room Guide,
Ightham Mote*

*Volunteering is a great experience and a fantastic addition to any CV.
Call us on 01732 810378 or email us at
IghthamMoteVolunteering@nationaltrust.org*

www.nationaltrust.org.uk/Ightham-mote



Have you ever dreamed of becoming a train driver or being in charge of a station?

The Spa Valley Railway in Tunbridge Wells is looking for enthusiastic volunteers to help with the running of this popular heritage railway which has stations between Tunbridge Wells West and Eridge with additional stops at High Rocks and Groombridge.

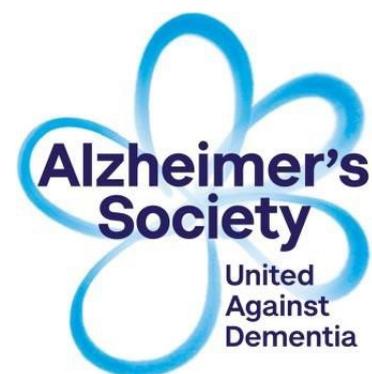
Volunteers are vital to the survival of the railway and now more than ever the railway is looking for new volunteers to join existing members to keep this popular railway running its steam and diesel trains for visitors of all ages to enjoy. Events and experiences at the railway include Afternoon Tea, Fish and Chip Suppers, Murder Mystery Evenings and the popular Santa Express.

If you have a few hours spare contact the railway to find out about the roles available in the engine shed, ticket office and catering department. The railway also needs a finance director to help run the accounts. Becoming a volunteer is also a great way to make new friends!

"We also train volunteers interested in becoming station masters, guards and of course train drivers!" said Jonnie Wesson who himself started as a volunteer at the railway when he was just 13yrs old!"

To find out more visit the volunteers page at www.spavalleyrailway.co.uk or contact us on volunteering@spavalleyrailway.co.uk or t: 01892 537715.

Interested in Volunteering?



Alzheimer's Society is the UK's leading dementia charity providing expert information, training and support services to all those who need our help.

We need volunteers to support our dementia café, peer support and day services in West Kent.

If you are looking for a rewarding activity or to make a positive contribution to the lives of people living with dementia.

Visit our website: www.alzheimers.org.uk

Call: Rosie Hutchinson volunteering Officer 01892-835541

Email: r.hutchinson@alzheimers.org.uk

Join thousands of volunteers and unite with us against dementia

VOLUNTEER
all that's missing is U!

CROSS
ROADS
CARE
Kent

MACMILLAN
CANCER SUPPORT

Whether its minutes or months, hours or days, the time you give really does matter and make a difference.

Macmillan Crossroads Care Kent & Medway Volunteer Service

At Macmillan Crossroads Care Kent & Medway Volunteer Service, we help and support people living with cancer and their carers. Volunteering opportunities are across Kent and Medway, enabling you to support someone locally to you. Visits can be flexible and there are many ways to get involved; supporting people in and around their home or garden, taking to healthcare appointments; as a companion, or emotional support of a listening ear when someone needs it the most. You will be trained, supported and valued in your role as a volunteer.

For our 2019 training dates, please call us on the below number.

For any further information on this volunteering opportunity, please contact us:

enquiries.macmillan@crossroadskent.org

0345 095 6701 ~ Option 3 for the Macmillan Office

West Kent Office, Macmillan Crossroads Volunteer Service, The Oast, 170 Tonbridge Road,
Wateringbury, Kent, ME18 5NS

Charity registration number 1073896.



The Tunbridge Wells Over Fifties Forum (TWOFF) needs more committee members

TWOFF was launched in 2009 for people aged 50 plus living anywhere in the Borough.

You will be required to attend committee meetings which take place monthly on a Monday morning in a committee room in Tunbridge Wells Borough Council's offices.

TWOFF also has quarterly public meetings with guest speakers where you will be required to attend to support the event.

You do not need any previous experience just a willingness to lend a hand. To join the committee or to discuss this role further contact the chair Veronika Segall Jones by emailing volunteering@imago.community



Rusthall Community & Youth Project are looking for active adult and young adult volunteers to deliver youth activities for their two youth groups.

Previous experience would really help, although we have a training package for those that are wishing to start out in youth work.

Give a call to Chris or Mike Bassett on 01892 543544 for further information.



Crossroads Care Kent COGS Club

@ Christchurch 86 Prospect Rd,
Southborough TN4 0EG

Our Cognitive Stimulation Group (COGS) is a club for people with mild to moderate dementia. We support up to 12 people and the clubs are aimed at encouraging members to participate in meaningful activities, such as word games, current affairs, number games and creative fun in order to maintain an active mind.

We are looking for volunteers to help out at our Wednesday club in Southborough from 09.45 to 14.45
If volunteers are unable to help for the full 5 hours we can be flexible and are happy to discuss this further

If you are interested please ring Kath Ireland or Jen Lane
on 0345 095 6701 for a chat



Registered Charity No. 1073896



We need volunteers in our shop in Camden Road, Tunbridge Wells.

The volunteering roles include till work and stock preparation.

If you are interested contact Sarah Saunders who is the shop manager.

Her number is 01892 539683 or you could pop in.

Volunteer Drivers Needed



DIAL 2 DRIVE

In and around: Tunbridge Wells ~ Sevenoaks
Tonbridge ~ Dartford ~ Gravesham

Do you own a car?
Could you take an elderly or disabled person to a medical or social appointment once a week?

- Flexible to work around you
- A hugely rewarding way to help others
- Meet new people

We pay your mileage expenses
dial2drive@imago.community - 0300 777 1200

www.imago.community
Registered charity No. 1022388 Registered office No. 2214, 2008

IMAGO

Volunteer Group Facilitator for Imago

Role Description:

Approximately 2-4 hours per session

Suitable for someone who has good interpersonal skills

Skills gained will include organisational and leadership skills



Volunteer office base/location: Dartford, Gravesend, Swanley, Swale

We are recruiting **volunteers** to facilitate some of our community outreach groups on a weekly basis.

This would include; setting up, making drinks, sharing ideas, experience and skills and providing feedback about the group's progress and activities

The groups we deliver include;

CAMEO (Come And Meet Each Other) – for people over 50 years, who are socially isolated or experiencing loneliness due to changing life circumstances.

Adult Carers Groups - Social groups offer the opportunity to meet other Carers in confidence, and share experiences and encouragement over tea or coffee. We often have guest speakers from professional organisations, and art and craft activities.

To apply or find out more please email volunteering@imago.community



Volunteer Telephone Befriending

Role description: Suitable for someone with good verbal and written communication skills and a desire to help others.

We are seeking **Telephone Befrienders** where our volunteers attend our office (in **Sevenoaks, Medway or Ashford**) over a couple of hours a week with a list of approximately 5 clients to call. The aim of the calls are to help a person in need by encouraging and enabling them to become more confident and less lonely and isolated through your conversation and support. You would need to type or write up a description of the conversation, noting how the person was feeling and record any improvements to enable progress to be tracked.

There will be a member of staff available to support you if needed and training will be provided. You would be ideal for Telephone Befriending if you have a genuine desire to support people and possess the ability to have fun and to engage in conversation with an older person on a mutual basis, building trust and confidence.

Availability:

Sevenoaks – Tuesdays or Thursdays between 8.30am – 5pm

Medway -Tuesdays or Thursdays between 9.30am – 3pm (some flexibility to be agreed on)

Ashford –Thursdays or Fridays (TBC) between 8.30am – 5pm

References and DBS checks will be carried out for the successful candidate. To apply or find out more please email volunteering@imago.community

To find out more about volunteering in your local community,
please get in touch

Tonbridge & Malling, Sevenoaks, Tunbridge Wells



@Volunteering_WK



VolunteeringWK

volunteering@imago.community

01892 530330

www.imago.community